Topic: Graves’ Ophthalmopathy Don’t and Don’ts: An Update
Speaker: Dr. Novin Soummamdar (SL)
02:30 – 02:55 PM

Topic: Pregnancy and thyroid disease
Speaker: Dr. Sangeeta Raja (IND)
02:55 – 03:20 PM

Topic: Why hypothyroid patients are not happy? Role of T3
Speaker: Dr. Adrian Head (UK)
03:20 – 03:45 PM

Question & Answers in the Respective Session 10 Minutes
04:30 – 05:30 PM
PES Executive Meeting (members only)
07:00 – 09:30 PM
Gaia Dinner (Hazzoon Bagh)

SUNDAY, 26 NOV – DAY 4

09:30 – 10:10 AM
SAFES SYMPOSIUM
09:30 – 09:50
Topic: In the era of controversies, which GDM guidelines to follow? Speaker: Dr. Alisha Sheikh (PAK)
10:00 – 10:50
Launch of SAFES Diabetes and Pregnancy Guidelines Speaker: Dr. Fatema Jawad (Pakistan), Dr. Sangeeta Raja (India), Prof. Dr. A.K. Azad Khan (Bangladesh)

PLENARY SESSION 12 – ADRENALS

09:30 – 09:50 AM
Chairpersons: Dr. Naeem ul Haque (PAK), Dr. Rakesh Saheby (IND), Dr. Robin Maskey (NPL)
10:10 – 10:30 AM
Topic: When to suspect adrenal cause of obesity Speaker: Dr. Tufail Ijaz (USA)
10:30 – 10:50 AM
Question and Answers
10:55 – 10:55 AM
Subclinical adrenal insufficiency Speaker: Dr. Dipak Mail (NPL)
11:00 – 11:20 AM
Question and Answers
11:20 – 11:40 AM
Glucocorticoids induced adrenal suppression Speaker: Prof. Dr. S. Ali Imran (CAN)
11:20 – 12:25 PM
Question and Answers

ORAL FREE PAPER SESSION

11:25 AM to 12:25 PM
Chairpersons: Dr. Fatema Jawad (PAK), Dr. Akhtar Sherin (PAK), Dr. Osama Ishaq (PAK), Dr. Ibrar Ahmed (PAK)
11:25 – 12:35 PM
Topic: Transcryptic profiling of gestational diabetes and obese syncytiotrophoblasts
Principal Author: Dr. Muhammad Farzan Bari Time: 11:25 – 11:35 AM (Including Q & A)
12:35 PM
Topic: Ambiguous Genitalia: An Overview of 7-Year Experience at The Children's Hospital & Institute Of Child Health, Lahore, Pakistan
Principal Author: Dr. Jaida Manzoor Time: 11:35 – 11:45 AM
12:45 – 12:55 PM
Do we need Universal screening for diagnosis of gestational diabetes mellitus (GDM) among pregnant women of Pakistan?
Principal Author: Dr. Murarrat Riaz Time: 11:45 – 11:55 AM
12:55 PM
Topic: Emergence of Hashimoto’s Thyroiditis-associated Thyroid Swelling among Female Patients Presenting with Simple Benign Goiter in Lahore, Pakistan
Principal Author: Dr. Shan Elahi Time: 11:55 AM –12:05 PM
12:05 PM
Comparison of Various Prognostic Scoring Systems in Differentiated Thyroid Cancer
Principal Author: Dr. Shazia Fatima Time: 12:05 – 12:15 PM 3 out of 5 will be selected for Dr. Naeem Ul Haque Endocrine Research Award
12:25 – 12:35 PM
Announcement of 1st, 2nd and 3rd prize winners
12:25 – 12:35 PM
Vote of thanks by Scientific Chair
12:35 – 01:00 PM
Corporate Symposium by OBS Speaker: Prof. Dr. Tasnim Ahsan (PAK) Topic: Gut Hormones and Diabetes
01:00 PM
LUNCH

November 23-26, 2017
“Together for Endocrinology” Venue: Pearl Continental Hotel, Lahore, Pakistan

International Diabetes Academy Conference in collaboration with Weill Cornell Medicine - Qatar

10:00 AM - 5:00 PM
Crystal Hall: A, B

Overall Learning Objectives:
- Recognize new ways of diagnosing diabetes.
- Recognize new therapeutic approaches to personalize therapy.
- Discuss the management of immediate and long-term complications of diabetes.
10:00 – 11:00 AM Registration
11:00 – 11:30 AM Welcome remarks and course introduction Course Directors
11:30 – 11:55 AM Session 1: Diagnosing and managing Diabetes: beyond guidelines Prof. Dr. A. H Aamir (PAK)
11:55 AM – 12:00PM Questions and Answers
12:00 – 12:25 PM Session II: Diets and Diabetes? Prof. Dr. Ali Jawa, MD (PAK)
12:25 – 12:30 PM Questions and Answers
12:55 – 1:00 PM Questions and Answers
01:00 – 01:25 PM Session IV: Surgery Intervention in Diabetes: T1DM: Islet Cell Transplantation in 2017 T2DM: Bariatric Surgery: Beyond weight loss Dr. Rayaz Malik, MD (Well Cornell)
01:25 – 01:30 PM Questions and Answers
01:30 – 02:30 PM Healthy / Lunch Break
02:30 – 02:55 PM Session V: How and when to start Insulin: Patient Centered Approach Dr. Hamed Farooq, MD (UAE) Diabetes Center
02:55 – 03:00 PM Questions and Answers
03:00 – 03:25 AM Session VI: Diabetes & Stroke: Early Diagnosis, treatment and rehabilitation. Dr. Qasim Bashir (PAK)
03:30 – 03:55 PM Session VII: Rapid Endocrine update – Coexistence of Endocrine disorders Dr. S. Abbas Raza, MD (PAK)
03:55 – 04:00 PM Questions and Answers
04:00 – 04:45 PM Session VIII: Some Interesting Cases: Case Discussions (Open House): Meet the professor 1. There should be 4 - 5 case on each Lecture delivered during course of the day. 2. Diagnosing and managing Diabetes: beyond guidelines. 3. Do Diets work in people with Diabetes? 4. ICT in 2017: How and when to start Insulin: Patient Centered Approach. Some time for Audience interesting cases. Dr. Saeed A Maharr (PAK), Dr. Faisal Qureshi (PAK), Along with Entrep Panel
04:45 – 05:00 PM Questions and Answers

Confere Conference Secretariat: WILCARE, 4-M, Model Town Extension, Lahore, Pakistan
FRIDAY, NOV 24 DAY 2
International Diabetes Excellence Academy Conference in collaboration with Weill Cornell Medicine - Qatar
(08:30 AM - 02:00 PM) Crystal Hall: A, B
08:30 – 09:00 AM Welcome Back and Day 1 Summary
09:00 – 09:25 AM Session IX: Managing Hypertension and Nephropathy in Diabetes: Updates in Prevention, Diagnosis & Management Dr. Arif Asif (USA)
09:25 – 09:45 AM Question and Answers
09:45 – 10:05 AM Session X: Diabetes & CAD
10:05 – 10:40 AM Session XI: Debate: Insulin vs. New therapies Speaker 1: Insulin – 20 min. 1 Speaker one: Try to convince audience that insulin should be preferred over GLP 1 at time of initiation of Injectable. Benefit of Insulin over other injectable. Why insulin benefit more than GLP 1 role of insulin on macro-vascular complication Speaker 2: GLP-1/SGTL2- 20 min. 2 Speaker Two: To convince audience that GLP 1 should be preferred over Insulins at time of initiation of Injectable. Recent data on better glycemic benefits of GLP 1 Convergence vs side effects profile Evidence for or Against Pancreatitis / Pancreatic Cancer??
1- Dr. Named Farooq, MD (UAE) 2- Dr. Noel Somasundaram (SL)
10:40 – 10:45 AM Question and Answers
10:45 – 11:10 AM Session XII: Recognizing the Metabolic Disorders of Insulin resistance Prof. Dr. Stephen L. Atkin – Weill Cornell (USA)
11:10 – 11:15 AM Question and Answers
11:15 – 11:30 AM Coffee Break
11:30 – 11:55 AM Session XIII: Diabetes Triopathy
11:55 – 12:15 PM Question and Answers
12:00 – 12:25 PM Session XIV: Rapid Endocrine update – Vitamin D beyond bones Dr. Abdul Jabbar (UAE)
12:25 – 12:30 PM Question and Answers
12:30 – 12:55 PM Session XV: Diabetes during Pregnancy: Management before, during and beyond (Gestational Diabetes) Dr. Manika Sumanta Lakhe (SL)
12:55 – 01:00 PM Question and Answers
01:00 – 01:45 PM Session XVI: Diabetes Jeopardy: Quiz for Participants Dr. S. Abbas Raza, MD (PAK)
01:45 – 02:00 PM Concluding Remarks

PRE-SUMMIT WORKSHOPS

Time | Topic & Venue
--- | ---
03:00 PM | OSTEOPOROSIS
3:00 PM | Board Room
3:30 PM | Dr. Nazar Saber (PAK)
3:45 PM | Dr. Arshad Husain (PAK)
4:00 PM | Dr. Bint Vidyala (HPL)
4:15 PM | Dr. Abdul Jabbar (UAE)
4:30 PM | Dr. Adrian H. Head (UK)
4:45 PM | Dr. Arif Asif (USA)
5:00 PM | Dr. Stephen L. Atkin (USA)
5:15 PM | Dr. S. Abbas Raza, MD (PAK)

MAIN SUMMIT SCIENTIFIC PROGRAM FRIDAY – DAY 2 CRYSTAL A, B

09:00 AM – 09:45 AM REGISTRATION / WELCOME SESSION
09:45 AM – 10:30 AM Academic Procession
Welcome Speeches: Prof. Dr. Ali Jawa, President, Pakistan Endocrine Society Dr. S. Abbas Raza, President, South Asian Federation of Endocrine Societies
10:30 AM – 10:45 AM SAFES: A REGIONAL SURVEY (5 mins each)
Prof. Dr. A. Azad Khan (BDH), Dr. Sarita Bajaj (IND), Dr. Noel Somasundaram (SL), Dr. Dina Shrestha (NPL), Dr. A. Latifhe (MDV)

PLENARY SESSION 1 A | METABOLIC STATE-OF-THE-ART SESSION
Chairpersons: Prof. Dr. Javed Akram (PAK), Prof. Dr. A. Azad Khan (BDH), Prof. Dr. Abdul Jabbar (UAE), Dr. Adrian H. Head (UK)
07:15 – 07:45 AM Speaker: Prof. Dr. A. Azad Khan (BDH) Topic: Role of Religious Leaders for prevention of NCDs particularly Diabetes

08:15 – 08:45 PM Speaker: Dr. Tariq Rehman (UK) Topic: Obesity (South Asian perspective) / Words of wisdom as a bariatric physician
08:45 – 09:15 PM Speaker: Dr. Javed Raza (UAE) Topic: An almost cure of Obesity: Surgeon's Perspective
09:15 – 09:45 PM Corporate Symposium by Novo Nordisk
Speaker: Prof. Dr. Stephen L. Atkin Topic: IDEASc – Upgrading in Advanced Diabetes Therapies
09:45 PM Formal Inauguration of Pharmaceutical Exhibition followed by Dinner

SATURDAY, NOV 25 – DAY 3
08:00 – 08:45 AM Corporate Symposium by Novo Nordisk
Facilitator: Dr. Amna Riaz (PAK) Speaker: Prof. Dr. Khurshid A. Khan (PAK) Topic: Early Intensification in Treatment of Type 2 Diabetes Mellitus
08:45 – 09:00 AM Breakfast
PLENARY SESSION 2 | PITUITARY DISORDERS
09:00 – 09:15 AM Chairpersons: Prof. Dr. Abdul Basit (PAK), Prof. Dr. Noel Somasundaram (SL), Prof. Dr. Khurshid A. Khan (PAK)
09:15 – 09:45 AM Speaker: Prof. Dr. Ali Imran (CAN) Topic: The Devil in the master gland - Updates on Acromegaly
09:45 – 09:50 AM Question and Answers
09:50 – 10:10 AM Speaker: Dr. Miliika Sumanta Lakhe (SL) Topic: Resistant Prostatina: How to manage?
10:10 – 10:15 AM Question and Answers
10:15 – 10:30 AM Tea Break Poster viewing (EMERALD C)

Time | 4 PARALLEL PLENARY SESSIONS
--- | ---
10:30 AM | PLENARY SESSION 3 | ENDOCRINOLOGY OF CRITICAL ILLNESS
10:30 AM | CHAIRPERSONS
10:30 AM | Prof. Dr. Naufal Ali (PAK), Prof. Dr. Abdur Rehman (PAK), Dr. Noor Farooq (UAE), Dr. Mubeen Ahmed (PAK)
10:45 AM | Topic: Inpatient Management of DM
Speaker: Dr. Salmaan Naqvi (UAE)
11:00 AM | Topic: How can Nuclear medicine help in Endocrinology
Speaker: Dr. Robin Maskey (NPL)
11:15 AM | Topic: Challenges and Management of Thyroid diseases with RAI 131 Therapy
Speaker: Dr. Saadullah (PAK)
11:30 AM | Topic: Thyroid cancer in the light of regional experience
Speaker: Dr. Ali El Houri (UAE)
11:45 AM | Questions & Answers in The Respective Session 10 Minutes

PLENARY SESSION 7 | PREVALENCE OF DM
12:00 NOON TO 12:50 PM
Speaker: Prof. Dr. A. Azad Khan (BDH), Dr. Sarita Bajaj (IND), Dr. Dina Shrestha (NPL), Prof. Dr. A. H. Amir (PAK), Prof. Dr. Noel Somasundaram (SL)
12:00 – 1:15 PM Corporate Symposium by Symbros
Speaker: Prof. Richard Donnelly (UK) Topic: Optimising glycemic control to improve outcomes
1:05 PM – 1:30 PM Lunch and Prayer Poster viewing (EMERALD C)

PLENARY SESSION 8 | THYROID CRISTAL A
12:30 PM – 1:30 PM
Chairpersons: Prof. Dr. Naufal Ali (PAK), Dr. Naveed Ali (PAK), Dr. B. Zulfiqar (PAK), Dr. Farid Masood (NPL)

PLENARY SESSION 9 | CALCIUM / BONE METABOLISM
12:30 PM – 1:30 PM
Chairpersons: Prof. Dr. Naufal Ali (PAK), Prof. Dr. Kaleel Mehmood (PAK), Dr. Binita Upadhyay (NPL)

PLENARY SESSION 10 | CYTOPRODA
12:30 PM – 1:30 PM
Chairpersons: Dr. Naveed Ali (PAK), Dr. Sadia Salman (PAK), Prof. Dr. Kamran Babar (PAK), Dr. Tahir Chaudhary (PAK)

PLENARY SESSION 11 | MOLOD EMERALD B
12:30 PM – 1:30 PM
Chairpersons: Dr. Naveed Ali (PAK), Prof. Dr. Muhammad Haroon Yousef (PAK), Dr. Ali Mathlouthi (MOL), Dr. Afzal Cheema (PAK)