



PES - SAFES SUMMIT 2017

NOV 23 – 26, 2017

PC HOTEL, LAHORE, PAKISTAN

SCIENTIFIC PROGRAM (PRELIMINARY)

DAY 1

THURSDAY, NOV 23
DAY 1

Diabetes Certification Course in collaboration with Weill Cornell Medicine (Doha Campus) – Day 1 (15:00-18:15Hrs)

DAY 2

FRIDAY, NOV 24
DAY 2

Diabetes Certification Course in collaboration with Weill Cornell Medicine (Doha Campus) - Day 2 (09:00-17:10Hrs)

| Time | Topic & Venue | | | |
|------------------|---|---|--|---|
| 15:00 - 17:00 | PRE-SUMMIT WORKSHOPS AND REGISTRATION | | | |
| | OSTEOPOROSIS | MEDICAL THERAPY (Carbs Counting / DAFNE) | NUTRITIONAL Counting / | HOW TO APPROACH AN INFERTILE COUPLE |
| | RESEARCH METHODOLOGY AND MEDICAL WRITING | | | |
| | Dr. Tajwer (PAK), Dr. A Hussain (PAK), Dr. Binit Baidya (NPL) | Ms. Moti Khan (PAK), Ms. Zubeda Amin (PAK) | Dr. Fawad Randhawa (PAK) Dr. Haroon Lateef Khan (PAK) | Mr. Massood Javed (PAK) Mr. Shaukat Javed (PAK) Dr. Akhtar Shiren (PAK) |
| | TBD | TBD | TBD | TBD |

| FRIDAY, NOV 24 DAY 2 | MAIN SUMMIT SCIENTIFIC PROGRAM (PRELIMINARY) FRIDAY – DAY 2 | |
|-------------------------|--|--|
| 19:00 - 19:30 | Inauguration Ceremony and Registration | |
| 19:30 - 19:45 | Welcome Remarks and Introduction: President, Pakistan Endocrine Society | |
| 19:45 - 20:00 | Presidential speech: President, South Asian Federation of Endocrine Societies | |
| | PLENARY SESSION 1 METABESITY: STATE-OF-THE-ART SESSION Chairpersons: Prof. Dr. Javed Akram (PAK) Dr. Farooq Pathan (BDH) Prof. Abdul Jabbar (UAE), Dr. Adrian H. Heald (UK) | |
| 20:00 - 20:30 | Speaker: Dr. Tariq Rehman (UK) Topic: Obesity (South Asian perspective) / Words of wisdom as a bariatric physician | |
| 20:30 - 21:00 | Speaker: Dr. Javed Raza (UAE) Topic: An almost cure of Obesity : Surgeon’s Perspective | |
| 21:00 - 21:30 | Corporate Sponsored Satellite Symposium & Dinner TBD Speaker: TBD Topic: TBD | |
| 21:30 - 22:00 | Formal Inauguration of Pharmaceutical Exhibition followed by Dinner | |

**PES- SAFES SUMMIT 2017 SCIENTIFIC PROGRAM (PRELIMINARY)
SATURDAY - DAY 3**

| DATE & DAY | Time | Topic & Venue | | | |
|------------------------------|--|---|---|---|--|
| SATURDAY, NOV 25 DAY 3 | 08:00 - 09:00 | Corporate Sponsored (Breakfast) Satellite Symposium: TBD Speaker: TBD Topic: TBD | | | |
| | 09:00 - 10:15 | PLENARY SESSION 2 PITUITARY DISORDERS Chairpersons: Prof. Dr. Abdul Basit (PAK), Dr. Prasad Katulanda (SL), Prof. Dr. Khurshid Khan (PAK) | | | |
| | 09:00 - 09:20 | Speaker: Prof. Dr. Ali Imran (CAN) Topic: The Devil in the master gland : Updates on Acromegaly | | | |
| | 09:20 - 09:25 | Question and Answers | | | |
| | 09:25 - 09:45 | Speaker: Prof. Dr. Najmul Islam (PAK) Topic: Growth Hormone in Adults | | | |
| | 09:45 - 09:50 | Question and Answers | | | |
| | 09:50 - 10:10 | Speaker: Dr. Manilka Sumanatilleke(SL) Topic: Resistant Prolactinoma: How to manage? | | | |
| | 10:10 - 10:15 | Question and Answers | | | |
| | 10:15 - 10:30 | Tea Break and poster viewing | | | |
| | 10:30 – 12:00 | 4 PARALLEL SESSIONS | | | |
| | | PLENARY SESSION 3 ENDOCRINOLOGY OF CRITICAL ILLNESS CHAIRPERSONS Prof. Dr. Rauf Niazi (PAK), Dr. Arshad Hussain (PAK), Dr.Hamed Farooqi (UAE) | PLENARY SESSION 4 PEDIATRIC ENDOCRINOLOGY CHAIRPERSONS Prof. Taeed Butt (PAK), Prof Nadeem Khawar (PAK), Dr.Navoda Attapatu (SL) | PLENARY SESSION 5 NUCLEAR MEDICINE/THYROID CANCER CHAIRPERSONS Prof. Dr. Tasnim Ahsan (PAK), Dr. S. Abbas Raza (PAK), Dr. Khalid Nawaz (PAK) | PLENARY SESSION 6 FERTILITY/INFERTILITY CHAIRPERSONS Prof. Dr. Zaman Shaikh (PAK), Prof. Dr. Farrukh Zaman (PAK), Prof. Dr. Khaleeq ur Rehman (PAK) |
| 10:30 - 10:50 | Topic: Inpatient Management of DM Speaker: Dr. Safdar Naqvi | Topic: Congenital Adrenal Hyperplasia Speaker: Dr. Dipak Mall | Topic: How can Nuclear medicine help in Endocrinology? | Topic: Nightmare of an Endocrinologist: What to do & what not to do? | |

SATURDAY, NOV
25
DAY 3

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| | (UAE) | (NPL) | Speaker: Dr. Humayun Bashir (PAK) | Speaker: Dr. Uditha Pitaya (SL) |
| 10:50 - 11:20 | Topic: ICU/CCU DM Management Speaker: Dr. Ali Daud Kamal (UK) | Topic: Precocious Puberty Speaker: Prof. Dr. Jamal Raza (PAK) | Topic: Challenges and Management of Thyroid diseases with RAI 131 Therapy Speaker: Dr. Saadullah (PAK) | Topic: Fertility challenges in PCOS and possible solutions Speaker: Prof. Atkins (UK) |
| 11:20 - 11:50 | Topic: Hormones interpretation and replacement in critical illness Speaker: Dr. Uditha Pitaya (SL) | Topic: Short stature. Difficult cases Speaker: Dr. Jaida Manzoor (PAK) | Topic: Thyroid cancer in the light of regional experience Speaker: Dr. Ali El Houni (UAE) | Topic: Azoospermia: What you need to know Speaker: Dr. Haroon Latif Khan (PAK) |
| Question & Answers In The Respective Session 10 Minutes | | | | |
| 12:00 - 12:50 | PLENARY SESSION 7 PREVALENCE OF DM PAST, PRESENT AND FUTURE: HOW ARE WE DOING? (10 minutes each) Prof. Dr. A.K. Azad Khan (Bangladesh) , Dr. Sanjay Kalra (India), Dr. Dina Shrestha (Nepal), Prof. Dr. A. H. Aamir (Pakistan), Dr. Noel Somasundaram (Sri Lanka) | | | |
| 12:50-13:15 | Corporate Sponsored (Lunch) Satellite Symposium: TBD Speaker:TBD Topic: TBD | | | |
| 13:15-14:30 | Lunch and Prayers. Poster Viewing Session | | | |

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| 14:30- 16:00 | PLENARY SESSION 8 THYROID CHAIRPERSONS Prof. Dr. Saeed A. Mahar (PAK), Dr Aisha Sheikh (PAK), Dr. Dheeraj Kapoor (IND) | PLENARY SESSION 9 CALCIUM / BONE METABOLISM CHAIRPERSONS Dr. Najamul islam (PAK), Dr. Khalid Mehmood (PAK), Dr. Binit Baidya (NPL) | PLENARY SESSION 10 DYSLIPIDEMIA CHAIRPERSONS Dr. Tayyab Badshah (PAK), Prof. Dr. Bilal Zikriya (PAK), Dr. Kamran Babar (PAK) | PLENARY SESSION 11 MIXED BAG CHAIRPERSONS Dr. Qamar Masood (PAK), Prof. Dr. Muhammad Haroon Yusuf (PAK), Dr. Ali Latheef (MDV) |
| | Topic: Grave's Ophthalmopathy Do,s and Don'ts: An update Speaker: Dr. Noel Somasundaram (SL) 14.30-14.55 hrs | Topic: Vitamin D - Beyond bones Speaker: Prof. Rayaz A. Malik (QTR) 14.30-14.55hrs | Topic: Statins and Dysglycemia Shall we are worried? Speaker: Dr. Hamed Farooqi (UAE) 14.30-14.55hrs | Topic: Sleep , Love and Diabetes Speaker: Dr. Asim (PAK) 14.30-14.55hrs |
| | Topic: Pregnancy and thyroid Speaker: Dr. Sarita Bajaj (IND) 14.55-15.20 hrs | Topic: Vascular & Coronary Artery Calcification: Clinical Relevance in Diabetes Speaker: Dr. Richard Donnelly (UK) 14.55-15.20 | Topic: PCSK9- is there still a role of statins? Speaker: Dr Niaz Elahi (UAE) 14.55-15.20 | Topic: NAFLD: Who should take care of this? Speaker: Dr. M. Salih (PAK) 14.55-15.20 |
| | Topic: Why hypothyroid patients are never happy?: Role of T3 Speaker: Dr. Adrian Heald (UK) 15.20-15.45hrs | Topic: Inherited bone disorder : What an Endocrinologist needs to know Speaker: Dr. Salman Kirmani (PAK) 15.20-15.45hrs | Topic: Controversies in Lipid guidelines: Which guidelines to follow? Speaker: Prof. Dr. Khurshid Khan (PAK) 15.20-15.45hrs | Topic: Beta cell transplant: Speaker: Dr. Rakesh Sahey (IND) 15.20-15.45hrs |
| | Question & Answers in the Respective Session 10 Minutes | | | |

16:00 - 16:30

TEA AND POSTER VIEWING

16:30 – 17:30

EXECUTIVE MEETING

PES-SAFES SUMMIT 2017 SCIENTIFIC PROGRAM (Preliminary)

Sunday – DAY 4

| DATE & DAY | Time | Topic & Venue |
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| | 08:30-09:30 | Corporate Sponsored (Breakfast) Satellite Symposium: Speaker: TBD |

SUNDAY, NOV 26
DAY 4

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| | Topic: TBD |
| 9:30 -10:10 | 9.30-09:50 Topic: In the era of controversies, which GDM guidelines to follow? Speaker: Dr. Aisha Sheikh (PAK) 09:50 - 10:10 Launch of SAFES Pregnancy Guidelines Dr. Fatema Jawad (Pakistan), Dr. Sanjay Kalra (India), Dr. Farouque Pathan (Bangladesh) |
| | PLENARY SESSION 12 ADRENALS CHAIRPERSONS: Dr. Naeem ul Haque (PAK), Dr. Rakesh Sahey (IND), Dr. Robin Maskey (NPL) |
| 10:10-10:30 | Topic: When to suspect adrenal cause of obesity Speaker: Dr Tufail Ijaz (USA) |
| 10:30-10:35 | Question and Answers |
| 10:35-10:55 | Topic: Subclinical adrenal insufficiency Speaker: Dr. Dipak Mall (NPL) |
| 10:55-11:00 | Question and Answers |
| 11:00-11.20 | Topic: Glucocorticoids induced adrenal suppression Speaker: Prof. Dr. Ali Imran (CAN) |
| 11:20-11:25 | Question and Answers |
| ORAL FREE PAPER SESSION | |
| 11:25-12:35 | 5 papers (10 minutes each including Q & A) Dr. Akhter Sherin (PAK), Dr. Osama Ishtiaq (PAK), Dr. Ibrar Ahmed (PAK) (3 out of 5 will be selected for Dr. Naeem UI Haque (PAK) Endocrine Research Award) |
| Conclusion of the Conference and remarks by Scientific Chair followed by Hi-Tea | |